

## LEASIDE WILDCATS U15 AA HOCKEY TEAM

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To Whom It May Concern:

I am writing this reference at the request of Lyla Mckinnon, who is applying for the summer leadership in training course. I have had the pleasure to coach Lyla Mckinnon for number of years as the head coach of the Leaside Wildcats U15 AA hockey team . Lyla is a high-performance athlete who has displayed great work-ethic, shown determination in the face of adversity, consistency lead-by-example on and off the ice and most always put the team-first.

As a high-performance coach, I believe that Lyla fits into the mandate of the Leader in Training program and would go above and beyond as a counsellor. Lyla is an all-round athlete who is always willing to try new things and get out of her comfort zone. Lyla's work-ethic will help her learn given the opportunity and further refine her leadership skills. Lyla was always giving everything on and off the ice and always asking questions on how to improve.

Lyla always has put the team-first, a truly self-less leader. For example, when her goaltender partner was struggling, she was always the first one to offer her support and help her on the things she was working on. In addition, Lyla was always the first one to ask on what she can do to help the team succeed.

More so, Lyla always looks for the positive in the face of challenges. For example, our team was going through a tough stretch, losing 10 games in a row. Lyla brought the team a quote, "A journey of a 1000 miles, begins with one step," which signified the need focus continuing to work-hard and focus on the process not the outcome. Our team went on to win 12 games in a row after that moment. This is just one example of Lyla's positive attitude and leadership attributes and highly recommend her into the Leader in Training Program.

If you need any additional information then please contact me by telephone or by email at [Karolina.urban@mail.utoronto.ca](mailto:Karolina.urban@mail.utoronto.ca)

Sincerely,



Karolina Urban

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